

# CLASS of 2022

August - September 2019 Newsletter

## What happened in August?

- ♥ Student Activities Fair
- ♥ Mrs. Krutsinger visited all of the sophomore English classes to present the sophomore resource folders.
  - If you did not get your yellow folder, come to my office.
- ♥ English Visit Recap
  - We discussed counseling services (personal, social/emotional, academic, and career).
  - Students learned how to make an appointment with me (email or leave a note in the counseling office).
  - We reviewed transcripts. Please double-check and make sure everything looks correct. This is very important.
  - College and Career Planning - Make sure you're organized and taking the necessary steps to reach your postsecondary goals.
  - Study Skills Tips - Write down due dates, study, pay attention in class, manage your time wisely, etc. Refer back to this packet if you need help preparing for tests. Take advantage of Terrier Tutoring as well!
  - Coping Skills - We all deal with different circumstances that cause us to react with different emotions. To handle our stress and emotions in a healthier way, we use coping skills. This sheet provides many ideas and activities we can use to cope. Refer back to this when you're having a difficult time.
  - SMART Goals - Specific, Measurable, Attainable, Realistic, and Time-Bound. This is a great tool to set goals. Remember, setting your goal is the first step to becoming successful. 😊

## What is happening in September?

- ♥ No School September 2<sup>nd</sup> - Labor Day
- ♥ 9<sup>TH</sup>, 10<sup>TH</sup>, 11<sup>TH</sup> GRADE AND FACULTY PICTURE DAY will be held in the gym next Wednesday, **SEPTEMBER 4<sup>TH</sup>**. Picture order forms were passed out in all English classes yesterday.
- ♥ Rotary **Youth Exchange** Informational Meeting: **SEPTEMBER 5, 2019** at 6:30 p.m. in the cafeteria

- ♥ **WANT TO GO TO HOMECOMING FOR FREE?** Order your *2020 DIAL Yearbook* by **August 31st** and be entered into a drawing to win two homecoming tickets and a \$50 restaurant gift card. Stop by the yearbook office or go to [www.balfour.com](http://www.balfour.com) to order.
- ♥ **AUDITIONS FOR FALL PLAY:** Auditions for the Fall Play, "Zap," a mash-up comedic farce directed by Ms. Dubach and Dr. Dennis, will be held Tuesday, September 3rd and Wednesday, September 4th in the Auditorium at 3:30. No prior experience or preparation is necessary. For more information, contact Ms. Dubach.
- ♥ **CLASS COLOR DAY FORMS** and payment are due in the principal's office by, Wednesday, September 4th (\$5.00).
- ♥ Midterm Deficiency Notices are sent: September 11
- ♥ School Improvement (1/2 day for students): September 20
- ♥ Homecoming Spirit Week: September 23-27
- ♥ Powder Puff Competition: September 25
- ♥ Homecoming Game: September 27
- ♥ Homecoming Dance: September 28