



Welcome back Class of 2021,

Can you believe you are at the halfway point of high school? If you felt freshman and sophomore year went fast, you can expect junior and senior year to fly by-- with that said, stay focused on your goals because life after high school is right around the corner.

I am excited to continue our work together and really learn what you specifically need from me as your school counselor. As mentioned above, junior year does mark a turning point in discovering and shaping what your post-secondary endeavors will look like. This is exciting!

You will also receive increased access and exposure to Mrs. Murphy, our College and Career Counselor. She will be available to assist you in the area of post-secondary success, and allow me the opportunity to focus on your social-emotional and academic needs.

Mrs. Murphy and I are here for you and thrilled to be a part of your team. Please do not hesitate to stop by our offices, email, or request appointments! Each of you is at a different point in your college/career journey and we are here to meet your specific needs.

As done every year, I will be in your English class 4 times and Mrs. Murphy will visit your US History classes. In my class meetings we will focus on academic success (making this one of your best years yet) as well as achieving personal growth in the areas of stress management, study skills, and interpersonal communication.

For those of you that are college-bound, next year you may ask me to write a letter of recommendation for you. As your school counselor, my focus in writing your letter of recommendation will be on sharing more about you in a broader perspective, including positive moments I have witnessed with you, the impact you made at CCHS, exceptional accomplishments, and any challenges you have overcome. Please be sure you are reaching out to me this year and allowing me the opportunity to learn these things about you so that I can give a glowing recommendation that is accurate and full of greatness!

This year, my hope is that you focus on becoming strong researchers of your future, matching your career path with your skills, interests, and values. That you engage in personal interactions with peers, teachers, and the community with integrity and kindness. That you advocate for your needs as well as what is right and good. That you stay focused on the key to your future – your education – by improving your GPA and preparing for the SAT. That you build the soft skills necessary for networking as well as becoming a valued worker and individual. That you realize you are only as great, as strong, as capable, as significant, as amazing as you allow yourself to be!

Be sure to join my Remind group (text @cchs-21 to 81010) and the CCHS Class of 2021 page. Please check your email, Naviance (what's new), and grades daily. Remember, every year is a fresh start— be gritty and make it an exceptional year!

Mrs. Antrim  
School Counselor  
Class of 2021